

Live Trim Bleed

Pump Iron, Not Risks. Don't Use Anabolic Steroids.

If you use anabolic (muscle-building) steroids, you risk heart damage, stunted growth, liver damage, severe acne, balding if you're a guy, and facial hair if you're a girl. You're also at risk for HIV and other blood-borne infections if you inject steroids or other drugs.

For more facts, in English and Spanish, go to **www.steroidabuse.org**.

Comments or inquiries? Email: information@lists.nida.nih.gov To order free copies of this postcard, call 1-800-729-6686 and request NIDACRD10.



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